

# What to wear to my Ballet Class:

Pre-Ballet  
Junior Ballet  
Ballet I  
Ballet II  
Ballet III



Going to dance class is a very special event each week. It is something that every dancer looks forward to doing. Getting ready for dance class is just as important as participating in the dance class. It is part of the “discipline” of being a dancer. At New Creations Dance Studio we take pride in the way our dancers look and participate while in class. Listed below are the requirements for your class:

## ***Dance Attire:***

**Traditional Dance Wear:** Tights and Leotards. (the pink tights are worn under the solid leotard)

Tights: Footed or Convertible. Ballet Pink, Theatrical Pink, and Salmon Pink are acceptable.

Leotard: Camisole, tank, short sleeve, long sleeve. Any solid color. No attached skirts.

Sports Bras should be worn under the leotard when needed.

## **Other options:**

Knit unitard used as body warmers may be worn during the barre portion of class.

Knit leg warmers are acceptable in class during the barre portion of class.

## **Things not to wear:**

No Panties under leotard and tights. The tights serve as underwear.

No regular “bras” always wear some sort of sports bra under the leotard.

No skirts or shorts should be worn over the tights and leotards.

No T-shirts or shorts over the dance outfit. The teacher must be able to see the entire body.

No tank T-shirts should be worn. Only lycra camisole tops should be worn over the sports bra.

No jewelry in class: watches, bracelets, necklaces. Small earrings are fine.

No full length pants are allowed in any of these classes.

## ***Dance Shoes:***

**Traditional Dance Shoes:** Ballet Shoes and Pointe Shoes

**Ballet Shoes:** Pink Leather Ballet Slippers with elastic over arch. Ballet shoes come in Full Sole or Split sole. Either style is OK. The draw string on the top of the ballet shoe should gently be pulled tight and then knotted to stay at that tightness. Cut the strings with scissors at the knot. There should not be a bow on top of the Ballet shoe. Only student enrolled in Point Class wear Pointe Shoes.

**Pointe Shoes:** Pink Satin Pointe Shoes are acceptable for Pointe Class Only. If you have previously been on Pointe Shoes you may get a new pair for the year. All dancers who are getting pointe shoes for the first time must have a permission slip signed by Shana Hansen.

## ***Dance Hair Style:***

**Traditional Dance Hair Style:** Bun, French Twist, French Braid.

**Long Hair:** Bun, French Twist, French Braid tucked up off the neck. Two buns on top of head. Short bangs may be worn down. Use barrettes to keep short hair up.

**Short Hair:** Half Up, Half Down. The front part should be pulled up and the back is left down. Bangs on the forehead must be secured to the head and out of the dancer’s eyes.